

# ***Run To Remember***

**5K Run/Walk and Challenge Event**  
**5K Run/Walk starts at 8:46 am**

**Sun. Sept. 11<sup>th</sup> 2011 at Lincoln Park**  
**Challenge Event starts at 9:03 am**

**COURSE: 5K Run/Walk-** This will be a challenging course with different points of elevation. This course will consist of both paved road and the Lima Rotary River Walk. This is an out and back course with the start and finish at Lincoln Park next to Lima Fire Station #5 located at the intersection of E. Elm St. and Shawnee St.

**COURSE : CHALLENGE EVENT-** This will be the same course described above. The participants are required to wear at minimum; A Firefighter Helmet, Turnout gear outer shells coats and pants, SCBA air pack w/air bottle. No boots are required. Tennis Shoes only. Participants are required to bring own gear.

**REGISTRATION:** Can be done at bottom of this form or online at [www.iaff334.com](http://www.iaff334.com)  
Pre-register by Sept. 1<sup>st</sup> 2011. Race day registration is 7am to 8am.

**ENTRY FEE:** All entries are \$20.00. Includes T-shirt if pre-registered by Sept. 1<sup>st</sup>.  
**\*\*ALL ENTRY FEES ARE NON-REFUNDABLE\*\***

**AGE DIVISIONS: 5k Run/Walk-** Male and female; 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and older.  
**Challenge Event-** No age divisions.

**AWARDS: 5K Run/Walk-** Top 3 male and female overall finishers will receive trophies.  
Top 3 male and female in each age division will receive a medal.  
**Challenge Event-** Trophy awarded to first place only. All other participants will receive a medal.  
**Special Clydesdale Division-** Participants that are 220 lbs. or higher. 1<sup>st</sup> place trophy.  
**\*\*\*\*NO DUPLICATION OF AWARDS, EXCEPT SPECIAL DIVISION\*\*\*\***

Proceeds go to the Lima Firefighters Memorial Museum. Join us after the race for a day of remembrance. Refreshments available.

Any Questions contact Rich Deubler at [deub62@gmail.com](mailto:deub62@gmail.com) or 419-234-3282.

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ GENDER \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

**EVENT: CHECK ONE -** 5K RUN/WALK \_\_\_\_\_ CHALLENGE EVENT \_\_\_\_\_ SHIRT SIZE- CIRCLE S M L XL XXL + \$2.00  
**CLYDESDALE DIVISION WEIGHT REQUIRED TO BE ENTERED.** \_\_\_\_\_

I acknowledge that participating in a road race can be a potentially hazardous activity. I am medically able and properly trained to participate. I assume all risks associated with running in this event. I and/or anyone acting on my behalf waive and release the Lima Firefighters Memorial Museum, the race director, the sponsor and volunteers, from all claims or liabilities of any kind due to my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
**(Parent or Guardian signature required if under 18 yrs old.)**

Make checks payable to Lima Firefighters Memorial Museum.  
Mail to: Rich Deubler 3084 Inwood Dr. Lima, Ohio 45806.