

# Donations for Nations 5K

## RACE REGISTRATION

- DATE:** 9:00am on April 30, 2011 at Faurot Park at the Pavilion
- DESCRIPTION:** Come join us for our 1<sup>st</sup> Annual 5K Race with great music, Kids' Fun Zone and Fun Run, grilled food, and free massages available to all racers, as we raise money for under privileged nations and villages.
- REGISTRATION:** Pre-registration fee of \$20 through April 22<sup>nd</sup> guarantees you a tee-shirt. You may register the day of the race for \$20 starting at 8:00am, but you are not guaranteed a shirt.
- KIDS' FUN RUN:** 8:00am, Ages 6-10 on a ½ mile course through Faurot Park. Registration is \$10, prizes will be awarded.
- AGE GROUPS:** Men / Women: 8-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60 & Over
- AWARDS:** Prizes awarded to the top three male and female runners and 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place finishers for all age categories.
- COURSE:** The fast, flat and scenic course starting at Faurot Park (Cole St. entrance) through central Lima, and ending in the Park.
- SPONSORS:** CHC, Heir Force Community School, Impact Center, ACERT Program
- FOR MORE INFORMATION:** Contact Pam Lambert at 419-303-0061 or the CHC Office at 419-228-3007.

### OTHER WAYS TO REGISTER:

- 1) Mail your registration to Cornerstone Harvest Church, PO Box 88, Lima OH 45802
  - 2) Bring it to Cornerstone Harvest Church, 2000 N. Cole St., Lima OH 45801 (419-228-3007)
- Make checks payable to: Cornerstone Harvest Church*

NAME: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP CODE: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

AGE AS OF 4/30/2011: \_\_\_\_\_ GENDER:  MALE  FEMALE SHIRT SIZE:  S  M  L  XL  2XL  3XL

### Release Form for 5K Run

In signing this entry, I attest and verify that I have full knowledge of the risk involved in participation of this event and that I am physically fit and sufficiently trained to participate in the event. I understand that my signature signifies that in acceptance of my entry, I for myself, my executor, administrators and assignees do hereby release and discharge Cornerstone Harvest Church, Donations for Nations, the City of Lima and all associates, sponsors and all other race workers from all claims of damage, demands, actions whatsoever in any manner arising from my participation in this running/walking event.

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