

# MAY DAY RUN/COLLEGE CABIN WALK 2010

**Saturday, May 8**

Check-in and registration for both events begin at 7:45 a.m. in Burcky Gym, Bluffton University.

Race begins at 8:30 a.m.

## RUN DETAILS

**COURSE:** All paved, rural roads. Mile splits. Water along route. Four-mile length.

**AWARDS:** Trophies to first overall male and female finishers. Medallions given to top three finishers in each age group for both male and female. Results will be posted on the Web site [www.bluffton.edu/blufftonalumni/mayday/run](http://www.bluffton.edu/blufftonalumni/mayday/run). Proceeds fund Bluffton University Alumni Association and Women's Council activities.

**DRAWING FOR TWO SPECIAL PRIZES:** All run entrants will be entered into a drawing for a bicycle. Must be present to win.

Post-race complementary refreshments and men's and women's locker rooms will be available for all runners.

**RUN ENTRY FEES:** Advance registration by April 23:  
- \$12 (no shirt); \$18 with 2010-designed shirt  
Day of run: \$15 (no shirt)

### AGE GROUPS: MEN

9 and under  
10-14 45-49  
15-19 50-54  
20-24 55-59  
25-29 60-64  
30-34 65-69  
35-39 65-69  
35-39 70-74  
40-44 75 and over

### WOMEN

9 and under  
10-14 45-49  
15-19 50-54  
20-24 55-59  
25-29 60-64  
30-34 65-69  
35-39 65-69  
35-39 70-74  
40-44 75 and over

Men's 2009 Winner - Ken Basinger 23:38

Women's 2009 Winner - Sarah Humphrey 26:31

## COLLEGE CABIN WALK DETAILS

### TWO COURSES TO CHOOSE FROM:

- 1) A course that winds through Bluffton University Nature Preserve with some trail hiking (be prepared for mud in the event of inclement weather).
- 2) A stroller-friendly course that will be on paved roads.

**REST STOP:** A water/coffee stop is provided at the College Cabin.

### WALK ENTRY FEES:

Advance registration by April 23  
- \$5 (no shirt);  
- \$11 with 2010-designed shirt  
- Day of run: \$8 (no shirt)

**RECOGNITION:** A memento will be awarded to all registered walkers who complete the course by 10 a.m.

**Send registration and fee to:** Bluffton University Box Office  
1 University Drive  
Bluffton, OH 45817-2104

## 2010 MAY DAY RUN/COLLEGE CABIN WALK REGISTRATION FORM

Please check one:  Run  Walk

Date \_\_\_\_\_

Name (print) \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_

I am a Bluffton Alumnus/a Year \_\_\_\_\_ Shirt size: S M L XL Amount enclosed \_\_\_\_\_

Payable to Bluffton University

### **Release form for Bluffton University May Day Four-Mile Run**

In signing this entry, I attest and verify that I have full knowledge of the risks involved in the participation of this event and that I am physically fit and sufficiently trained to participate in this event. I understand that my signature signifies that in acceptance of my entry, I for myself, my executor, administrators and assignees do hereby release and discharge the Bluffton University Alumni Association, Women's Council, Bluffton University and race directors from all claims of damage, demands, actions whatsoever in any manner arising from my participation in this running/walking event.

Signature \_\_\_\_\_ (If under 18 years of age, parents must sign.)