

Compete for a cause and make a difference in a child's life today!



The Lima Exchange Club's 12th
Annual Pace for Prevention 5K Run
and Walk



Registration Form August 2, 2011

Name: _____ Gender: M F
Address: _____ Age: _____ (on 8/2/2011)
City: _____ State: _____ Zip: _____
Phone: _____
Email: _____

Shirt Size: S M L XL XXL (circle one)

Note: Shirts are guaranteed to the first 250 registrants. If you do not indicate your size then you will automatically receive an XL.

ENTRANTS:	Individual	Group	Please circle one
	5K Runner	5K Fun Walker	Please circle one
	Pre-registrant	\$10	Postmarked by 7/25/2011
	Registrations	\$15	Received after 7/25/2011
(4 or more)	Group Rate	\$10	Group rate through 8/2/2011

Make check payable to: The Lima Exchange Club

Complete form and return to: [Lima Exchange Club](#)
[Pace for Prevention](#)
PO Box 774 ~ Lima, OH 45802
Or fax to 419-222-7434

WAIVER:

Signature _____ Date _____

Signature of parent or guardian if entrant is under 18

I know that participating in a running and/or walking race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with participating in the event, including, but not limited to: any and all injuries that may result due to present, past or unknown and untreated medical conditions, falls, contact with other participants, the effects of the weather on myself and other participants, including heat and/or high humidity, traffic and the condition of the roads. The foregoing risks, and any others, are known and understood by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, and anyone entitled to act on my behalf, waive and release The Lima Exchange Club, Shawnee Township Fire Department, race coordinators and all sponsors, their representatives, successors and assigns from all claims or liabilities of a kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the above named in this waiver. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or other record of this event for any legitimate purpose. I understand that bicycles, skateboards, roller-skates/inline skates, animals and radio headsets are not allowed in the run/walk. Failure to abide by any and all rules and regulations of this official entry form, including the foregoing paragraph, will result in the disqualification from the Pace for Prevention 5K Run & Walk.

This event is in conjunction with
Shawnee Township National
Night Out.

Race starts at 7 p.m.
Fun Walk starts at 6:45 p.m.
at Heritage Park in
Shawnee Township

2092 Reed Road, Lima OH

AWARDS

Top 3 male & female overall finishers and Top 3 male & female finishers in twelve age divisions will receive awards. Walkers are noncompetitive.

Race Director

For more information regarding this exciting event, sponsoring information or literature about the Lima Exchange Club please contact Gary Minnick at 419-222-6158.

The Lima Exchange Club has organized this special event for the purpose of generating funds to promote and educate our community about Child Abuse Prevention.